

Are you a busy Occupational Health and Safety Professional interested in keeping up to date on the latest in your field? Or just interested in learning more about this unique profession? This full day conference addresses current issues in occupational health and safety that will enhance your professional practice while you earn 0.6 CEUs (6 nursing contact hours).

Session topics:

8:30 Registration/Continental Breakfast

9 - 9:50am - Perception Matters

Tom Tobin | Partner/CEO, Fit for Work, LLC

10 - 10:50am Case Law Update: MN Workers' Compensation,

Christine L. Tuft | Attorney at Law, Arthur Chapman Kettering Smetak & Pikala, P.A.

11 - 11:50am Wellness Programs in the Workplace: Case Studies and Practical Implementation Solutions

Mary Kruse | CEO, HealthSource Solutions LLC

11:50 – 1:00pm Buffet Lunch (MAOHN Business Meeting and Awards)

1 - 1:50pm ADA/FMLA Developments: A Review of Recent Court Decisions

David Cossi, Attorney at Law

2 - 4:00pm Total Worker Health: Addressing Work Practices to Promote Worker Well-Being

Jeannie Nigam | NIOSH

CONFERENCE COST: MAOHN Members/Students = \$85 / Non-Members = \$95
(Includes continental breakfast/lunch and CEUs)

50th Anniversary - Gala Celebration

4- 7:00pm MAOHN invites you to a gala event celebrating the organizations first 50 years! Join us for reconnecting with colleagues and friends, photo booth, prizes, memories and fun!

GALA COST:

All registrants = \$15 Hors D'oeuvres and Dessert (not refundable if unable to attend)



LOCATION/LODGING DETAILS:

Radisson Minneapolis/St. Paul North. 2540 North Cleveland Ave| Roseville, MN 55113 www.radisson.com/rosevillemn
A block of rooms are available for the PDC/50th anniversary celebration. The rooms are available for the night of the 15th and 16th. The rate is \$129 per night for a king or two queen non-smoking room. The rooms will be held **until May 1**. Guests can call either 651-636-4567 or 1-800-333-3333. The rooms are under "MAOHN". [See Google Maps](#)

REGISTRATION INFORMATION:

ONLINE (Credit/Debit): <http://www.maohn.org/meeting-registration.php>

MAIL IN (Check only): See pages 4 & 5

SPEAKER/TOPIC	SPEAKER BIO AND OBJECTIVES
<p>PERCEPTION MATTERS</p> <p>Tom Tobin MBA, OTR Partner/CEO, Fit for Work, LLC</p>	<p>Mr. Tobin has been a licensed Occupational Therapist for over 25 years and in private practice as the CEO and a Founding Partner with Fit For Work, LLC for almost 20 years. Fit For Work provides onsite occupational health, injury prevention, ergonomic and injury management services to clients nationwide. Fit For Work provides these services for clients nationally in Manufacturing, Warehousing, General Industry, Distribution and Call Centers. Tom is a graduate of the University of Texas at San Antonio where he received his Master’s in Business Administration and a graduate of the University of Texas Health Science Center with a Bachelor of Science in Occupational Therapy. Tom is currently an adjunct faculty member of UT Health Science Center San Antonio Department of Occupational Therapy and Texas State University Department of Physical Therapy where he lectures on private practice and industrial health innovations. Instead of a model where they benefit from prescribed care and medical costs, Fit For Work’s measure of success is tied to the physical health and safety of the employees as well as reductions in medical costs.</p> <p>OBJECTIVES:</p> <ol style="list-style-type: none"> 1. Participate in an active discussion regarding the various mechanisms of Perception that impact clinical, care, and cost outcomes; 2. Receive, Review, and Understand the research regarding “Words that Harm and Words that Heal” 3. Understand that “Perception Matters” while learning to begin the dialogue and facilitate the philosophical and practical “shift” within their own organization 4. Receive an evidence-based and practical solution for utilizing three leading indicators to injury and illness as opportunities to create the “shift”.
<p>CASE LAW UPDATE: MN WORKERS’ COMPENSATION</p> <p>Christine L.Tuft Attorney at Law, Arthur Chapman Kettering Smetak & Pikala, P.A.</p>	<p>Ms. Tuft’s areas of practice are workers' compensation and employment law. She represents insured and self-insured employers in all aspects of workers' compensation litigation at the Department of Labor and Industry and the Office Of Administrative Hearings, Workers' Compensation Court of Appeals and the Minnesota Supreme Court. In addition, her work includes advising and representing employers on a wide range of employment and labor law issues. She enjoys speaking on topics such as the interrelationship between the Workers' Compensation Act, the Family and Medical Leave Act, and the Americans with Disabilities Act.</p> <p>OBJECTIVES:</p> <ol style="list-style-type: none"> 1. Describe the impact of new case law on the occupational health nurse practice. 2. Identify key court rulings and factual evidence and decisions.
<p>WELLNESS PROGRAMS IN THE WORKPLACE: CASE STUDIES AND PRACTICAL IMPLEMENTATION SOLUTIONS</p> <p>Mary Kruse CEO, HealthSource Solutions LLC</p>	<p>Ms. Kruse is the President and owner of HealthSource Solutions a provider of comprehensive wellness services and fitness center management. Mary currently leads a talented team of 34 health promotion professionals who are always seeking new ways to engage participants in healthy lifestyles. The focus of HealthSource is to help companies make their wellness program “come to life” by providing great solutions and then helping implement. She is the chair of the Midwest Health Promotion conference and has been instrumental in starting up the “Minnesota Connection”, a health promotion meet up group. Mary authored the chapter, "From the Basics to Comprehensive Programming", within the ACSM’s Worksite Health Handbook, Second Edition: Healthy Worker, Healthy Company. Mary received her B.S. in Physical Education from George Williams College in Chicago and her M.S. in Exercise Physiology from the University of Illinois-Chicago.</p> <p>OBJECTIVES:</p> <ol style="list-style-type: none"> 1. Define several scenarios where unique strategies and/or worksite programs were designed to engage employees in making healthy lifestyle choices. 2. Describe the challenges inherent to the implementation of a worksite wellness program.
<p>ADA & FMLA RECENT CASE LAW</p>	<p>Mr. Cossi earned his law degree from Hamline University School of Law, a Master of Arts degree from University of Minnesota and a Bachelor of Science degree from Western Michigan University. David has extensive litigation management and employment law experience, both as in-house and outside counsel. His breadth of significant experience includes: litigation management and employment law counseling, risk management of employee claims, regulatory compliance, drafting and negotiating</p>

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<p>UPDATES</p> <p>David A. Cossi, Attorney at Law The General Counsel Ltd.</p>	<p>commercial contracts and preventive law training. He also has executive experience in managing corporate legal departments and law firms. Most recently he served as Chief Deputy County Attorney for Anoka County, where, in addition to his Chief Deputy duties, he headed an eight-lawyer in-house counsel department. David is presently practicing law with The General Counsel, Ltd. In addition to his work at the General Counsel, Ltd., David is an Adjunct Assistant Professor at the University of Minnesota’s School of Public Health, Division of Environmental Sciences and is Faculty for the National District Attorney’s Association. He was twice named “Super Lawyer” and was an Adjunct Professor at the William Mitchell School of Law.</p> <p>OBJECTIVES:</p> <ol style="list-style-type: none"> 1. Define case study facts relevant to ADA/FMLA. 2. Describe how the court decided on cases presented.
<p>TOTAL WORKER HEALTH: ADDRESSING WORK PRACTICES TO PROMOTE WORKER WELL-BEING</p> <p>Jeannie Nigam NIOSH</p>	<p>Jeannie Nigam is a Research Psychologist with the Work Organization and Stress Research Team at the National Institute for Occupational Safety and Health, an advisor to the institute's Office for Total Worker Health, and helps coordinate the institute's Healthy Work Design program. Jeannie has a Master’s of Science in Industrial Organizational Psychology and is currently pursuing a doctoral degree in the same field. Her research centers on understanding how work organization affects employee health and well-being with emphases in the areas of work-life balance, depression, and examining the benefits of comprehensive organizational programs that promote and protect worker health. Jeannie has delivered numerous presentations on these topics to both applied and academic audiences at conferences, trade group, and association meetings. She has served on several conference planning committees and is a core member in planning for the Work, Stress, and Health Conference series, as well as the International Symposium for Total Worker Health. Jeannie reviews scientific submissions for these conferences and others (e.g., SIOP), and also reviews manuscripts for scientific journals.</p> <p>OBJECTIVES:</p> <ol style="list-style-type: none"> 1. Define Total Worker Health. 2. Describe how work organization design can represent a risk to worker well-being. 3. Identify at least 3 ways to modify work to enhance workers’ overall health and well-being.

2017 MAOHN Professional Development Conference Registration Form

- 1. Name _____
- 2. Address _____
- 3. Phone Number _____
- 4. E-mail _____

Please answer all questions below. The data below is being collected to assist MCOHS with reporting. All data is grouped for analysis. Only aggregate data is reported.

1. Please indicate your primary employment location:

- Federal Office/Agency
- State Office/Agency
- Local Office/Agency (e.g. City, County)
- Tribal Office/Agency
- Academic/Educational organization
- Hospital
- Ambulatory care facility/Medical Clinic
- Non-profit community organization (please specify _____)
- Other (please specify) _____
- Private Industry

4. Race (check as many as apply)

- African American or Black
- Alaskan Native or American Indian
- Asian
- Native Hawaiian or Pacific Islander
- White
- Other _____ (please specify)

5. Gender

- Male
- Female

6. Age

- 18 years of age or younger
- 19 – 29 years of age
- 30 – 39 years of age
- 40 – 49 years of age
- 50 – 59 years of age
- 60 years of age or older

2. Please place a check in the appropriate space to indicate your primary professional practice area:

- Physician
- Physician Assistant
- Nurse (circle appropriate—
RN, PHN, LPN, OHN, CNP)
- Allied Health (circle appropriate--OT, PT, CMA,
CLT/S, Dietician)
- Social worker
- Environmental health professional/Sanitarian
- Student
- Faculty
- Industrial Hygienist
- Safety Professional
- Emergency Services
- Other _____

Do you want to receive email notification of future trainings?

- Yes No

Photo Opt-Out - By checking this box, I would like to "Opt-Out" of being in any photographs at the PDC Anniversary celebration, knowing that such pictures may be shared with other MAOHN members, retirees or friends. I understand that it is my responsibility to not participate in any of the photographic opportunities.

3. Ethnicity

- Hispanic or Latino
- Not Hispanic or Latino

Please send this completed form with your check payable to "MAOHN":

MAOHN Members/Students = \$85 / Non-Members = \$95

(Includes continental breakfast/lunch and 6 CEUs)

Deadline for check payment - May 10, 2017

Ginny Carlson (MAOHN Treasurer)

1423 Pebble Beach Drive

Woodbury, MN 55129

If you prefer to use online / credit card payment registration, go to: <http://maohn.org/meeting-registration.php>

Questions call: Joshua Gramling 612-873-4761

MAOHN 50th Anniversary Gala Celebration Registration Form

1. Name _____
2. Address _____
3. Phone Number _____
4. E-mail _____

Please answer all questions below. This information will be used for nametags and pictures at the party.

1. Are you or were you a member of MAOHN? If yes, what decade did you first join?
 1960's 1970's 1980's 1990's 2000's 2010's
2. Do you or did you serve on an MAOHN Committee? If yes, what decade did you first serve?
 1960's 1970's 1980's 1990's 2000's 2010's
3. Are you or were you a MAOHN Board Member or Officer? If yes, what decade did you serve?
 1960's 1970's 1980's 1990's 2000's 2010's
4. Are you a past president of MAOHN? yes no
5. Were you a MAOHN Award recipient? yes no
 If yes which award? OHN of the year/Schering Award Medique Moore Scholarship
6. Did you retire from Occupational Health Nursing? If yes, what decade did you retire?
 1960's 1970's 1980's 1990's 2000's 2010's
7. Do you or did you serve on the American Association of Occupational Health Nurses (AAOHN) Board of Directors? Yes No If yes, what years? _____
8. Do you or did you serve on the American Board of Occupational Health Nurses (ABOHN)?
 Yes No If yes, what years? _____
9. Are you an AAOHN Fellow? yes no
10. Are you a Guest/student? yes no
11. List your top 5 employers when you were working as an OHN?
 - a. _____
 - b. _____
 - c. _____
 - d. _____
 - e. _____

Please send this completed form with your check payable to MAOHN and payment of \$15.00 by May 10, 2017 to:

Gimmy Carlson (MAOHN Treasurer)
1423 Pebble Beach Drive
Woodbury, MN 55129

If you prefer to use online registration,
go to <http://maohn.org/meeting-registration.php>

Questions call: Lucy Carlson 651-733-7608

Photo Opt-Out - By checking this box, I would like to "Opt-Out" of being in any photographs at the MAOHN 50th Anniversary celebration, knowing that such pictures may be shared with other MAOHN members, retirees or friends. I understand that it is my responsibility to not participate in any of the photographic opportunities.